

Week of: September 2-6 2024

MEAL	COMPONENT	AGES 1-2	AGES 3-5	MONDAY	TUESDAY	WEDNESDAY	THURDAY	FRIDAY
BREAKFAST (all)	Milk*	½ cup	¾ cup	Milk	Milk	Milk	Milk	Milk
	Fruit/Vegetable	¼ cup	½ cup	CLOSEED	Pineapple	Tropical fruit cup	Banana	Peaches
	Grain/Meat	½ oz. eq.	½ oz. eq.	CLOSED	Blueberry muffin	Rice krispies/cheerios	Whole grain kix	WW banana bread
		Infants (under one year)		CLOSED	Blueberry muffin	Iron fortified baby cereal	Iron fortified baby cereal	WW banana bread cereal
LUNCH (all)	Milk*	½ cup	¾ cup	Milk	Milk	Milk	Milk	Milk
	Vegetable	1/8 cup	¼ cup	CLOSED	Green beans	Peas	Pinto beans	Corn
	Fruit/Vegetable	1/8 cup	¼ cup	CLOSED	Strawberries	Mango	Blueberries	Black beans
	Grain	½ oz. eq.	½ oz. eq.	CLOSED	WG elbow macaroni	WG roll	Cornbread	WW tortilla
	Meat/Meat Alternate	1 oz.	1 ½ oz.	CLOSED	Monterey jack cheese	Hamburger w/ gravy	Ham	Grilled chicken strips
SNACK (2, if no milk, water will be served)	Milk*	½ cup	½ cup	CLOSED	Milk	Milk	Milk	Water
	Fruit	½ cup	½ cup	CLOSED				
	Vegetable	½ cup	½ cup	CLOSED				
	Grain	½ oz. eq.	½ oz. eq.	CLOSED	WG graham crackers	WG goldfish	WG cheez-its	Club crackers
		Infants (under one year)		CLOSED	WG graham crackers	WG goldfish	WG cheez-its	Club crackers
	Meat/Meat Alternate	½ oz.	½ oz.	CLOSED				Cheddar cheese cubes

*Children up to 24 months receive whole milk. Those over 24 months receive 1% milk.

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